

**HACKETTSTOWN MEDICAL CENTER
PHYSICAL/OCCUPATIONAL THERAPY PROCEDURE MANUAL
GONIOMETRY**

=====

Effective Date: July, 1984

Cross Referenced:

Reviewed Date: 09/12, 03/16

Revised Date:

Policy No: 5200-2.007/5300-2.007

Origin: Physical/Occupational Therapy

Authority: Therapy Services Manager

Page: 1 of 1

PURPOSE

Goniometric measurements are indicated for definitive objective data to note a joint's ability to move and chart progress. Standard joint axis and method of documentation are used.

PROCEDURE

1. The patient should be relaxed; procedure should be explained.
2. The joint to be measured should be exposed--free of clothing, bandages, brace.
3. Measure the same joint on the contra-lateral side first. When measuring the involved joint, take it passively to the end range and then measure.
4. Measurements may be recorded in evaluation or progress notes.